

Patterns:

KWANG-GAE is named after the famous Kwang-Gae-Toh-Wang, the 19th King of the Koguryo Dynasty, who regained all the lost territories including the greater part of Manchuria. The diagram represents the expansion and recovery of lost territory. The 39 movements refer to the first two figures of 391 A. D., the year he came to the throne. 39 Moves

PO-EUN is the pseudonym of a loyal subject Chong Mong-Chu (1400) who was a famous poet and whose poem "I would not serve a second master though I might be crucified a hundred times" is known to every Korean. He was also a pioneer in the field of physics. The diagram represents his unerring loyalty to the king and country towards the end of the Koryo Dynasty. 36 Moves

GE-BAEK is named after Ge-Baek, a great general in the Baek Je Dynasty (660 AD). The diagram represents his severe and strict military discipline. 44 Moves

New Movements required for your grade:

Heavenly hands – Han Hil Sol
Twisting kick – Bituro chagi
Double arc hand – Doo bandal sol
Reverse wedging block – Bande hetcho magki
Horizontal punch – sooyong jirugi
9 shape block – Gutcha magki
One legged stance – weble sogi
Mid knuckle punch – Son garrak jirugi
Reverse knife hand low block – Najunde Bande sonkal debae magki
Checking kick – momchu chagi
Angle punch – Giokja Jirugi

General Choi Hong Hi 9th degree

November 09, 1918 to June 15, 2002

The Founder of Taekwon-Do passed away at 8:35 pm on the 15th of June in Pyongyang.

General Choi founded TKD on the 11th April 1955 in Korea.

Since the general's death the ITF split into 3 sections, we are part of the section that is ran by Grand Master Choi Jung Hwa, the general's son.

Translated literally "**Tae**" stands for jumping or flying, to kick or smash with the foot. "**Kwon**" denotes the fist-chiefly to punch or destroy with the hand or fist. "**Do**" means an art or way - the right way built and paved by the saints and sages in the past.

