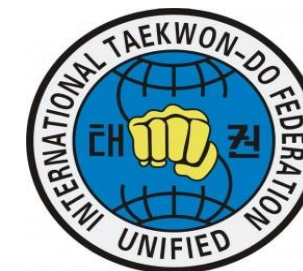




TSTUK Weekly Class Timetable



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00am		Womans only kick fit				Family class 10:30 - 12 noon	
11:00am							
12:00pm	Lunch time club	Lunch time club		Lunch time club			
1:00pm					Lunch time club	Elite U-ITF Squad Training Derby - Invite only	
2:00pm							Family Class
3:00pm							Black belt class
4:00pm							
5:00pm							
6:00pm		Ages 4-7	Ages 4-7	Family class ages 4+	Ages 4-7	Squad training, monthly by invite only	
7:00pm	Kickboxing ages 11+ 7pm-8pm	Ages 7-15	Ages 7-14		Age 4-10		Ages 7-14
8:00pm		Adults 7:30- 8:45pm	Adults 7:30- 8:45pm	Ages 10 -adult	Adults 7:30- 8:45pm		
9:00pm							

Call now

Colour coded for location and time of class

- 07910252901 St christopher Primary School, Allesley Old Road, CV5 9JG Mr and Mrs Tizick, Mr Wilcox
- 07765233798 Heart of England School, Gipsy Lane, Balsall Common, CV7 7FW Mr Pearson, Mr Murray, Mrs Driffield
- 07910252901 Xcel Centre, West wood school hall, Mitchell Avenue, CV4 8DY Mr and Mrs Tizick, Mr Naughton
- 07538481604 Wolston Leisure & Community centre, Old School Fields, Manor View, CV8 3PD Mr Mutton, Mrs Cassity
- 07979252817 Holbrookes Community Centre, John Shelton Drive, CV6 4JU Mr Brown, Mr Owens
- 07910252901 St James church hall, Leamington Road, CV3 6BH Stivichall Mr Asher
- 07910252901 Cheylesmore Community Centre CV3 5JX Mrs Tizick
- 07910252901 Ridgeway school, Deansway, Warwick, CV34 5DF Mrs Tizick
- 07910252901 Cobat Centre Solihull B91 2JY Mrs Tizick
- 07910252901 St John Vianney Mount Nod Way, Mount Nod, Coventry, West Midlands CV5 7GX Mrs Tizick
- 07910252901 Woodfield School Stoneleigh Road Coventry CV4 7AB Mrs Tizick

Private classes also available

